



**Complement**  
HEALTHCARE

## Services Offered by Complement Healthcare includes:



- Chiropractic Care
- Acupuncture
- Psychology Counseling
- Naturopathic Medicine
- Active Release Technique (ART)
- Massage Therapy
- Nutritional Counseling
- Foot Care and Orthotics
- Therapeutic Laser Therapy

## Complement Health Care Workshop Series:

**Female Hormones and Osteoporosis**  
April 7, 2010 12:00-1:00  
Dr. Gaetano Morello,  
Doctor of Naturopathic Medicine

**A Chinese Medicine Approach to the Treatment of Pain and Stress**  
May 13, 2010 7:00-8:00 pm  
By Mahsa Ahmadi,  
Doctor of Chinese Medicine

**Stress management for stressful times**  
April 14, 2010 7:00-8:00 pm  
By Patrick Myers,  
PhD, Registered Psychologist

**Osteoarthritis of the knee: The Laser Therapy Approach**  
May 19, 2010 12:00-1:00 pm  
By Dr. Bob Hafizi,  
Doctor of Chiropractic, Certified Pedorthist

**Relieve neck pain by improving posture** - April 21, 2010 7:00-8:00 pm  
Rachel McDonnell,  
Registered Massage Therapist

**Open the Lock for Healthy Eating**  
May 27, 2010 7:00-8:00 pm  
By Dr. Azita Madadi Noei,  
Registered Dietitian

**Lower Back Pain: Mechanical vs. Discal**  
April 28, 2010 12:00-1:00 pm  
Dr. Bob Hafizi,  
Doctor of Chiropractic, Certified Pedorthist

**Connect with your Kids**  
June 1, 2010 7:00-8:00 pm  
By Dr. Carla Fry,  
Child and Youth Psychologist

**Raising a Chill Kid: How to help your Child Bounce back from Stress and Anxiety**  
May 4, 2010 7:00-8:00 pm  
Dr. Carla Fry,  
Child and Youth Psychologist

**Detoxification**  
June 09, 2010 7:00-8:00 pm  
By Dr. Gaetano Morello,  
Doctor of Naturopathic Medicine

**Plantar Fasciitis: Oh my aching heel**  
June 16, 2010 12:00-1:00 pm  
By Dr. Bob Hafizi, Doctor of Chiropractic

[www.complementhealthcare.com](http://www.complementhealthcare.com) - Tell: 604-925-2225  
2<sup>nd</sup> floor of the West Vancouver Community Centre  
*Workshops are Free of Charge but Registration is Required*